

HopeHouse

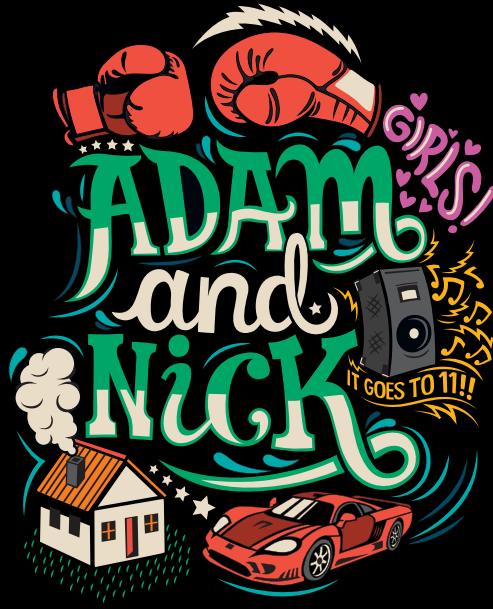
We are the only organization in Virginia that supports adults with developmental disabilities exclusively in their own homes.

We believe that all people, including those with disabilities, have the right to lead lives of their own choosing.

We believe neighborhoods and communities are enhanced when everyone within them participates fully.

And we believe that's only possible when people with disabilities live in their own homes and have control over their day-to-day lives – just like everyone else.

To us, freedom and choice are more than abstract concepts; they are essential elements of true and inclusive citizenship. And that's what we work for each and every day — for the people we support, for ourselves, and for our community.



For most of us, “home” conjures warm images of family, food, and fun. Nick Wright and his brother Adam are no exception.

Due to the complex needs of their cerebral palsy, the two spent much of their childhood at St. Mary’s Home for Disabled Children in Norfolk. Their parents were always adamant that their sons have the opportunity to live on their own as adults. And St. Mary’s was equally adamant that there was only one organization in Virginia that could support Nick and Adam in their own home: Hope House.

So in 2005, Nick moved to his own apartment. There was just one problem: the apartment required significant adaptations to accommodate his needs, such as making it wheelchair-friendly. The state’s Medicaid

waiver wouldn’t cover those renovations. So with Hope House’s help, Nick hired an attorney.

The result? Virginia changed its policy, and now people with disabilities throughout the state are able to use their waivers to make the environmental modifications they need to live comfortably in their own homes. This turned out to be pretty helpful when Adam moved in with his big brother in 2008.

Of course, when you visit Adam and Nick, you don’t really notice the hand rails in the shower, or the extra-wide doorways. You just see a bachelor pad much like any other — filled with video games, Nick’s eclectic music collection, and Adam’s NASCAR models.

It’s these little things that make an apartment homey. But for Nick and Adam, being with family is what makes it home.







Being on a first-name basis with your bank teller. Getting to know the people in your building. Chatting with the bus driver on your way to work. It's those kinds of connections that make the difference between simply living in a community and truly belonging.

And nobody knows that better than Jennifer Beggs. For years, Jen lived in her own apartment supported by our Dominion Team. But she yearned for even more independence.

That meant learning new skills. Like getting to the bus on time, without reminders. Managing her medications, and her schedule.

And knowing who to talk to when she needs help, from her pharmacist to the guy at the grocery store.

Today, Jen lives in her own apartment with minimal support from Hope House staff. She enjoys her job at Chesapeake Laundry Service, but lives for the weekend when she can collect seashells at the beach and go to the library.

Most of all, she enjoys the connections she's made, and knowing that she made them on her own terms. Which might sound like an ordinary life. But that's exactly what she wants.



Want equality? Speak for yourself.

That's exactly what Mr. James Burney does, every day. From writing articles for *The Buzz*^{*}, to voting in every election, to speaking to Virginia legislators about the rights of people with disabilities, Mr. Burney makes his voice heard.

It's not always easy, especially for someone who cherishes the privacy and quiet of his own apartment and is often uncomfortable in crowds. But when it comes to equal rights for people with disabilities, he has no problem standing up for what he believes.

That's why last year, Mr. Burney went to Richmond to speak out against cuts in

Medicare and Medicaid. He also speaks at local conferences as a representative of Our Voices, a self-advocacy group for people supported by Hope House. And his most treasured possession is his creased and worn Voter Registration card.

Attaining civil rights — such as the right to privacy, to live where you want, or simply to choose what you want for dinner — is an ongoing struggle for people with disabilities. But as Mr. Burney has shown time and again, he's prepared for the challenge.

^{*}The Buzz is a newsletter written for and by the people that Hope House supports.







Most of us take freedom for granted, but not Dorothy Clark.

At 27, Dorothy moved from her mother's house to an institution, and then to a series of group homes. But she scoffed at the constant supervision and lack of privacy, and longed for more freedom. She tried an assisted living program, but found she needed more support to avoid potentially unsafe situations.

Then she heard about Hope House. Now she lives in her own apartment with access to staff around the clock, whenever she needs them. What she doesn't have is someone always looking over her shoulder.

What does she do with all her newfound freedom? Plenty.

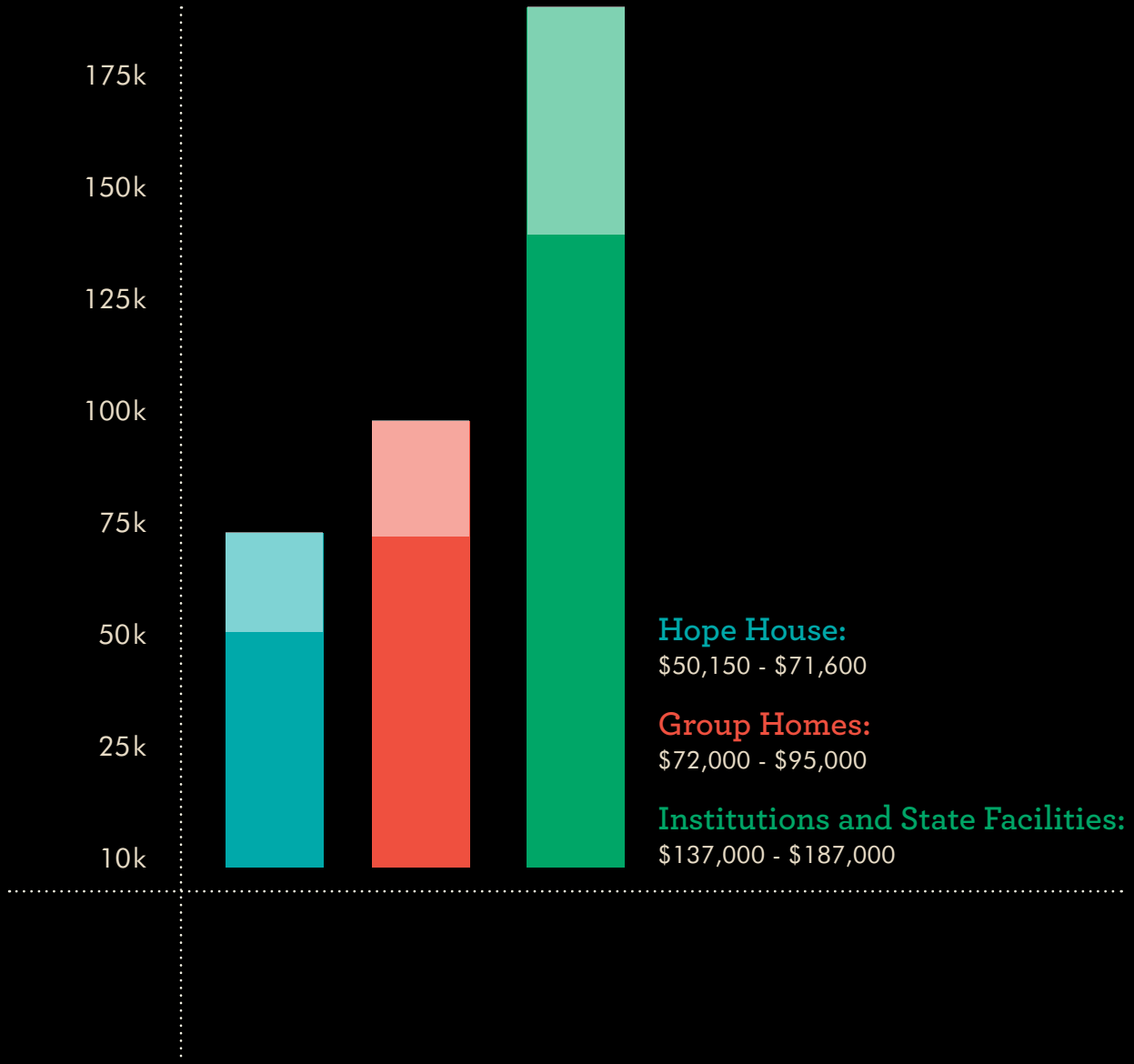
She works at Beach Packaging, paints, and takes piano lessons. She's exceptionally active in peer-advocacy groups for people with disabilities in Virginia. She recently took a trip to Disney World and she's particularly excited about her new romance with a man she met at church.

"People with disabilities are just like anyone else. Everyone has limitations," Dorothy explains. "Some of us need more support than others. But I want the freedom to live my own life, and live in the community like anybody else."

And isn't that what we all want?

Annual Cost Comparison*

Care for Adults with Disabilities
Virginia, 2011



*Costs vary based upon level of care. Estimates provided by Community Service Boards, industry consultants and Hope House.



When someone new moves in next door, we stop by to introduce ourselves. When a co-worker's having a baby, we throw her a shower. And when a neighbor has lost a loved one, we offer our condolences and perhaps bring over a casserole.

It's all part of ordinary life in a community, and every time we make or nurture a connection to someone else, our community becomes that much stronger.

That ideal is central to everything Hope House does, and it's been that way since our beginnings in the late Sixties. Over the years, we have learned a great deal about the difference between merely living in a community — and truly belonging.

It starts with the belief that we all deserve equality, and the freedom to determine the course of our own lives. And those rights can only be fully enjoyed when one lives in one's own home.

Home, Freedom, Equality and Belonging are rights so basic that we rarely stop to think about them, but they're all things that people with disabilities never take for granted.

Take the idea of "home," for example. While all people supported within the disability system in Virginia have housing, Hope House is the only organization in the Commonwealth that supports people exclusively in their own homes. What's even more remarkable is that Hope House provides care for individuals in their own homes with an emphasis on safety, privacy and autonomy at a cost that's generally lower than that of group homes, institutions or facilities.

Thanks to your support of Hope House, you're doing more than making dreams of home, belonging, freedom, and equality come true for people with disabilities. You're making the community a better place for all of us.

And for that, we can never thank you enough.

Lynne Seagle
Executive Director

Strength in Numbers

100,000

families in Hampton Roads are affected by developmental disabilities

HOPE HOUSE employs more than **250** people

Over the last **35 YEARS** Hope House has exceeded its budget **ZERO** times

More than **1,200** people with disabilities in Virginia still live in state institutions

Virginia is ranked

47th

in state funding for people with disabilities

Virginia is the

7th

richest state in America

Hope House is the **ONE & ONLY** organization in Virginia that supports adults with developmental disabilities exclusively in their own homes

More than **7 MILLION** people in the United States live with developmental disabilities

The Hope House Thrift Shop raised **\$85,000** last year

We provide **24/7** support to those who need it

NOT ALL of the people we support require services **24/7**, or even every day

Our administrative costs are less than **10%** of our operating budget

Thanks to your extraordinary support, **130** people with disabilities in Hampton Roads are living ordinary lives

More than **145** artists exhibited their work at the Stockley Gardens Arts Festivals last year

More than **40,000** people attend the Stockley Gardens Arts Festival each year

85% of our funding comes from Medicaid waivers for community-based services

Virginia's institutionalized population is the **10th** largest in the nation

It costs **\$220,000** a year to serve **ONE** individual in a Virginia state institution

Virginia could serve **THREE** people in the community for the same cost as **ONE** person in an institution

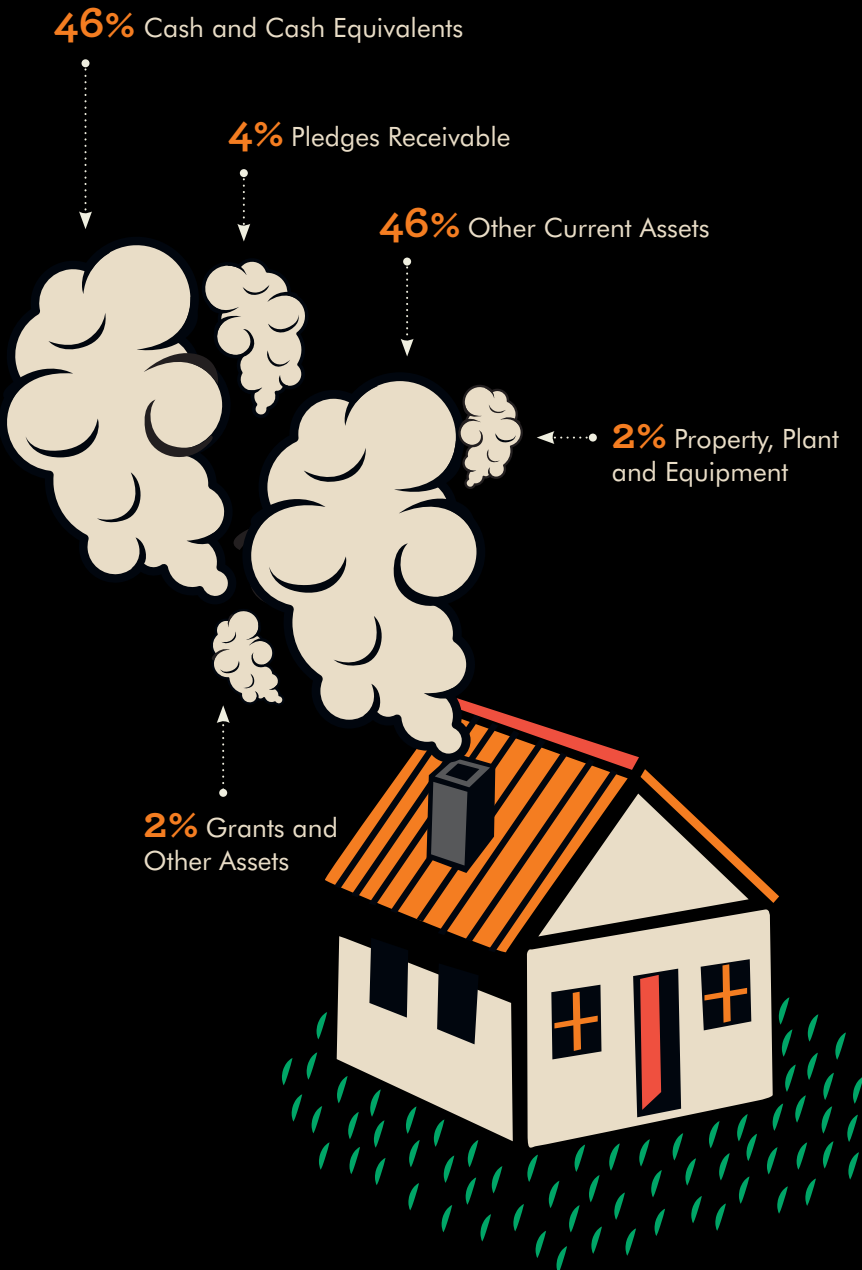
Currently, Virginia has just **275** new Medicaid waivers available — not nearly enough to accommodate the **6,000** people on the waiting list

CURRENT ASSETS

Cash and Cash Equivalents	\$1,980,554
Pledges Receivable	161,420
Grants Receivable	35,332
Other Current Assets	1,930,790
Property, Plant and Equipment	95,174
Other Assets	20,463
TOTAL ASSETS	\$4,223,734

LIABILITIES & NET ASSETS

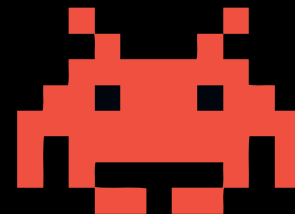
Liabilities, Current	\$787,997
Liabilities, Long-Term	197,500
Net Assets	3,238,237
TOTAL ASSETS	\$4,223,734



18% Liabilities, Current



5% Liabilities, Long-Term



77% Net Assets

Currently, eighty-five percent of our funding is from Medicaid Waivers, the rest of the funds are raised in the community through grants, fundraising appeals, profits from our Thrift Store, and our robust special events schedule which includes the bi-annual Stockley Gardens Arts Festival, Shamrockin' in Ghent, and Kentucky Derby party.

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